



**Research on early
treatment is key to
improving outcomes for
children with autism**



Early Steps Study

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*This study has approval from
The University of Michigan
Institutional Review Board
(IRBMED HUM00016670)*

Early Steps Study

**UNIVERSITY OF
MICHIGAN**

*Taking Early Steps toward
improving treatment outcomes
for children with
autism*



National autism specialists are working to compare the effects of a new type of treatment for autism to the commonly used intervention approaches available in the area to see which is more effective. We're hoping to help determine standards of care and educational policy for children and families affected by autism spectrum disorders. This research is being done because currently, there is no treatment model developed for children with autism in this age group that has been proven to be effective.



WHERE IS THE STUDY?

The study is being conducted at the University of Michigan Autism and Communication Disorders Center in Ann Arbor, MI. The study is also being conducted at the University of California-Davis M.I.N.D. Institute, and at the University of Washington.

WHO CAN PARTICIPATE?

- ◆ Families with a 12-24 month old child who has a diagnosis of Autism Spectrum Disorder who also meets other inclusion criteria. A diagnosis, if appropriate, can be provided through the study.

WHAT DOES THE STUDY INVOLVE?

- ◆ Families will be randomized to either an In-home Intervention group or a Community Services group.
- ◆ All families receive assessments of the child's social and language skills, and cognitive function.
- ◆ Families in the In-home Intervention group receive in-home intervention provided by a project interventionist 20 hours per week for two years and parent training classes.
- ◆ Families in the Community Services group will be offered free parent training classes, community services referrals, and telephone support.
- ◆ Follow-up assessments for eligible families occur over the course of the next 2 years.

WHAT WILL MY FAMILY RECEIVE?

- ◆ Families will receive free assessment services and referrals.
- ◆ Families will be given a \$30 gift certificate for the completion of each annual assessment battery.

RESEARCH TEAM

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FOR MORE INFORMATION

If you want to learn more about this study, please contact our center at
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